



VEHI / PATH are here for *you and your employees*

Dear Human Resources Professional and Business Officials,

You and your employees matter to us. We're happy to help you help them. Remember that we have provide a vast array of support tools including the following:

Invest EAP:

- **Short term crisis counseling.** If people need a clinical counselor, Invest EAP is free to their entire household: 1-800-287-2137.
- **Management Consulting Line:** If you need help dealing with an employee or just need someone to bounce ideas off, call 1-888-392-0050.

Progress Coaching: Wellness coaching to help you make decisions, reach your goals, get on track and get back to being your best.

Telemedicine: American Well (AmWell), our provider through BCBSVT, "has established a Telehealth Response Program to support the use of telehealth as an initial COVID-19 screening tool, which includes an always-on-call infection control officer."

Exercise at Home: Our video library is full of ways to stay fit while schools are shut down.

For more details on all these services read our BLOG at www.tomypath.com (top menu) or log into your **VEHI PATH account**.

Further support can be found at:

- BCBSVT is offering up-to-date information on your benefits and how to stay safe. <http://www.bcbsvt.com/health-and-wellness/coronavirus-update/>
- The CDC continues to provide updates as well as the World Health Organization: <https://www.cdc.gov/> and <https://www.who.int/>

- The Office of Governor Phil Scott: <https://governor.vermont.gov/>
- Vermont Agency of Education: <https://education.vermont.gov/>

Please feel free to share any of this information with your employees.

We're here for you as always.
Take care and be well,

Gillian and your VEHI PATH Team (Shevonne, Amy, Ashley and Bobby-Jo)

This email was sent to Human Resources, Business Officials and Other Health Plan Employer Contacts.

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