



IMPORTANT COMMUNICATION FROM VEHI

Effective January 1, 2026: GLP-1 Medications Used Exclusively for Weight Loss Will No Longer Be a Covered Benefit

On July 28, the VEHI Board of Directors approved a recommendation to discontinue coverage for FDA-approved Glucagon-Like Peptide-1 (GLP-1) medications prescribed exclusively for weight loss, including but not limited to Wegovy®, Zepbound® and Saxenda®, effective January 1, 2026. This will be a benefit exclusion, which means, after this date, members who continue to use these medications exclusively for weight loss will be responsible for the full cost.

To be more specific, beginning **January 1, 2026**:

- Ozempic, Victoza and Mounjaro – prescribed to treat Type 2 diabetes – **will remain a covered benefit** for patients diagnosed with Type 2 diabetes.
- Wegovy **will also remain a covered benefit** for patients with a diagnosis of cardiovascular conditions linked to obesity, to reduce the risk of certain cardiovascular events.
- The coverage **exclusion of non-diabetic** GLP-1 medications for **weight loss** includes Wegovy, Saxenda, and Zepbound at present. Other non-diabetic GLP-1s may be added to this list over time.

Prior approval requirements still apply.

Impacted members will be notified for the first time the week of September 8 through a letter and FAQ mailed to their home address, as well as mailings the first week in October and mid-November. The members' providers will also be notified of this change in October and mid-November.

For more information about this change, please click here for the [full memo](#), or here for the [FAQ](#).

This notification has been sent to School Business Officials, Human Resources Professionals, Local Union Officials and other Health Plan Employers.

To avoid confusion and to ensure consistency in the delivery of information, when distributing VEHI information do not modify any VEHI communications or attachments.

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