## VEHI Board Meeting Minutes for July 28, 2025

#### Present:

VEHI Board Members: Mike Fisher – Board Chair, Lance Mills – Vice Chair, Suzanne Dirmaier, Lisa Grout, Andrew Haas, and Cheryl Scarzello,

VEHI Management Team: Mark Hage, Chris Roberts, Bobby-Jo Salls and Jon Steiner

Members of the Public: None

The meeting was called to order at 4:01 pm, by Chair Mike Fisher.

### Agenda

Andrew Haas made the motion to accept the agenda, seconded by Cheryl Scarzello. The motion passed unanimously.

#### **Public Comment**

None.

#### **GLP-1** Medication Decision

Bobby-Jo Salls reviewed the management team's written memo to the board recommending the exclusion of GLP-1s, apart from diagnoses: type 2 diabetes and major adverse cardiovascular events (MACE).

The management team reviewed the anticipated savings with the exclusion of about \$14.4 million, citing a projected four percent increase to rates just to cover these prescriptions.

The board discussed the recommendation, including the communication plan to members. Cheryl Scarzello made the motion to exclude coverage of non-diabetic GLP-1 medications for weight loss, effective January 1, 2026. However, GLP-1 medications would still be a covered benefit for VEHI members diagnosed with Type 2 diabetes and to reduce the risk of major adverse cardiac events (MACE) for patients who are overweight.

The motion passed with five votes yes, and one abstention.

# **Next Meeting Topics**

The next meeting is scheduled for September, where topics will include DFR reserve analysis, plan redesign, Blue Cross contract extension, and potential updates on the next-gen PBM RFP process.

# Adjournment

Suzanne Dirmaier made the motion to adjourn the meeting, seconded by Cheryl Scarzello. The motion passed unanimously.

The meeting was adjourned at 4:18 pm.

Respectfully submitted by Bobby-Jo Salls.